

## Emergency Help

➔ If you suspect an overdose or other medical emergency, call 911 immediately!

➔ If someone is threatening suicide or threatening to harm themselves or others, you can also call Crisis Intervention at (717) 394-2631.

➔ If someone is addicted to alcohol or other drugs and in need of detoxification, call White Deer Run Support Center at (866) 769-6822.

### SUPPORT GROUPS and RECOVERY ASSISTANCE

#### RASE of Lancaster

131 East Orange Street  
Lancaster, Pa 17602  
717-295-3080  
www.raseproject.org

D&A recovery drop-in center, recovery specialists who support people in early recovery, specialists who work with people on Suboxone for opiate addiction, and men's recovery housing.

#### AA - Alcoholics Anonymous

Meets Daily - (717) 394-3238

#### Al-Anon/Ala-teen/ACOA

Meets Daily - 1-877-298-5027

#### NA - Narcotics Anonymous

Meets Daily - (717) 393-4546

#### Nar-Anon Family Group

Lancaster: (717) 285-2909

#### Step to Freedom (Recovery)

Call (717) 380-6280

**Breakthrough** (Ephrata/Leola — Christian-based support group for friends and family of addicted people) (717) 725-6723

**Higher Ground** (Peach Bottom— Christian-based recovery) (717) 983-0131

**Discovery Recovery** (Lancaster—Christian-based recovery) (717) 617-5917

#### Celebrate Recovery (Christian-based recovery)

Millersville (717) 468-9708  
Manheim (717) 653-6266  
Columbia (717) 200-1362  
Ephrata (717) 917-1625  
New Providence (717) 786-5580  
Elizabethtown (717) 715-3347

#### PA Problem Gambling Hotline

Call (877) 565-2112

# 2015-2016

## GETTING HELP:

### Admission into Lancaster County-funded D&A Treatment



Lancaster County  
Drug & Alcohol  
Commission  
150 North Queen Street  
Lancaster PA 17603  
Phone - 717-299-8023  
Fax - 717-293-7252  
www.co.lancaster.pa.us/d&a

[www.compassmark.org](http://www.compassmark.org)

## I NEED HELP. . .

? *I think my drinking might be out of control, who can I talk to about it?*

? *I'm not sure I have a drug problem, but someone (judge, probation officer, boss, caseworker) has told me I need to get an evaluation. Who should I call?*

? *I have a family member who is using drugs, but he/she won't listen to me and get help. What can I do?*

? *I've been abusing pain pills for a long time. My life is a mess and I want help. Where do I start?*

**Help is available for alcohol and other drug problems in Lancaster County. Here's how you can find help for yourself or a loved one.**

**Step One:** Call White Deer Run Call Center at (866) 769-6822 if you believe you are in withdrawal and in need of detox services. Or call one of the outpatient clinics listed in this brochure to get the process started. They will complete a D&A screening over the phone.

**Step Two:** If appropriate, meet with a counselor who will complete an evaluation and make a treatment recommendation. They will also help you determine how to pay for your treatment.

## How do I pay for treatment?

**Do you have Insurance, an HMO, Medical Assistance, OR Veteran's Benefits?**

**Yes, I have. . .**

**Insurance or HMO** - Most insurance companies cover D&A treatment. Contact your company to determine what is covered and how to properly access this benefit. It is important that you follow the correct procedures. In some cases, pre-authorization from the HMO is required. Also, some D&A facilities will assist you in working with your insurance company.

**Veterans Benefits** - Most military veterans are eligible for D&A treatment services. Both the Lebanon and Coatesville VA Hospitals provide D&A treatment services. Call (800) 409-8771 Ext. 4235.

**Private Pay** - If you have the ability to pay for your D&A treatment, you may choose any facility you can afford.

**No. . .**

If you think you may need inpatient detoxification, call White Deer Run Call Center at (866) 769-6822 for a short phone assessment. If you are appropriate for detox, WDR will begin a bed search to look for treatment accommodations for you.

If you do not need detox, even if you think you may need an inpatient rehab, **call and make an appointment with an outpatient clinic** for an assessment and a financial liability interview.

## Lancaster County D&A Outpatient Clinics

### Wellness Counseling Associates

**Richard Wheeler, LPC, CAADC**  
439 N. Duke St.  
Lancaster, PA 17602  
(717) 397-2727  
www.rwwca.com

### PA Counseling Services - Lancaster City

40 Pearl Street  
Lancaster PA 17603  
(717) 397-8081  
www.pacounseling.com

### T.W. Ponessa and Assoc. Counseling Services, Inc.

410 N. Prince St.  
Lancaster PA 17603  
(717) 560-7917  
(800) 437-5405  
www.twponessa.com

### Mazzitti & Sullivan Counseling Services, Inc.

313 W. Liberty Street, Suite 358  
Lancaster, PA 17603  
Phone: (717) 208-7532  
www.mazzittiandsullivan.com

### Elsie Sherk Outpatient Center (women)

211 East Mifflin Street  
Lancaster PA 17602  
(717) 286-9088  
www.gaudenzia.org

### Nuestra Clinica - SACA (bi-lingual)

545 Pershing Avenue  
Lancaster PA 17602  
(717) 293-4150  
www.sacapa.org

**Naaman Center** (faith-based)  
4600 East Harrisburg Pike  
Elizabethtown PA 17022  
(717) 367-9115 or (888) 243-4316  
www.naamancenter.com

Other locations:

39 W. Vine St. (bi-lingual)  
Lancaster, PA 17603  
248 Maple Ave.  
Quarryville PA 17566  
835 Houston Run Drive, Suite 230  
Gap, PA 17527

### HSA Counseling, Inc.

321 North Market Street  
Lancaster PA 17603  
(717) 394-5334

Also located at:

107 East Locust Street  
Ephrata PA 17522  
(717) 733-8898  
www.hsa-pa.com

### The Gate House Outpatient

465 West Main Street  
Mountville PA 17554  
(717) 285-2300

Also located at:

649 East Main St.  
Lititz, PA 17543  
(717) 626-9524  
www.gatehouse.org

### Addiction Recovery Systems (ARS) of Lancaster

2192 Embassy Drive  
Lancaster PA 17603  
(717) 394-7160  
www.arshealth.com

### Lancaster Clinical Counseling Associates

129 East Orange Street, 2nd floor  
Lancaster PA 17602  
(717) 299-0131

## Frequently Asked Questions

**Can someone who refuses treatment be “committed”?** Adults cannot be committed for drug and alcohol treatment. There are limited circumstances where adolescents can be committed by their parents through Act 53, which requires legal intervention.

**I was arrested for DUI in another state and told I need to take some kind of class. Who do I call?** Contact Lancaster County Adult Probation Unit at (717) 299-8181.

**My child was arrested for underage drinking and told he needs to take a class. Who do I call?** Contact Compass Mark at (717) 299-2831.

**My insurance company is refusing to pay for addictions treatment. What can I do?** Act 106 of 1989 requires that most commercial group health plans, HMOs, and CHIP provide comprehensive treatment for alcohol and other drug addictions. If you are having trouble accessing this benefit, send an email to [dasdbeck@hotmail.com](mailto:dasdbeck@hotmail.com) with “Act 106” in the subject line.

## INFORMATION AND REFERRAL

### Compass Mark

630 Janet Avenue  
Lancaster PA 17601  
(717) 299-2831  
www.compassmark.org

*Services:* Information and referral services, lending library, prevention and educational programs.